
NORTH TEXAS COMMUNITY FOUNDATION

Philanthropic Solutions

Health & Well-Being Brief

Tarrant County's health and wellness issues are wide ranging and cover multiple generations.

Maternal & Infant Health

Access to quality healthcare before and during pregnancy, especially during the first trimester, decreases harmful risks during pregnancy and increases positive health outcomes for the mother and child. In Tarrant County, 46% of women do not receive prenatal care during the first trimester of pregnancy, indicating lack of knowledge of pregnancy or lack of access to prenatal care.

Infant mortality is the death of an infant in the first year of life. Tarrant County has the highest infant mortality rate among Texas' largest counties. In 2013 the infant mortality rate for Tarrant County was 7.2 per 1,000 live births compared to 6.05 per 1,000 live births for the rest of the state in the same year.

Chronic Conditions

Asthma is one of the most prevalent chronic conditions among children. In 2013, 11% of children had been diagnosed with asthma compared to 9.1% of children across Texas.

Two-thirds of Tarrant County residents are either overweight (35%) or obese (29%).

Texas ranks 10th for childhood obesity in the country, with 19.1% of children being obese. Tarrant County ranks slightly better than state average, with only 17.8% of 2-15 year olds being obese.

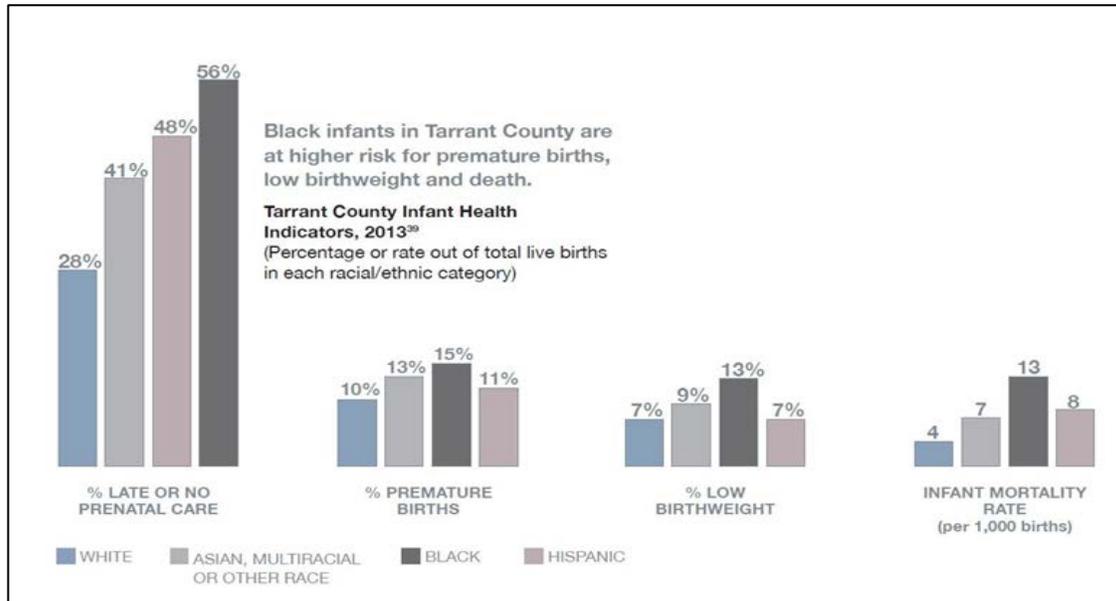
The leading edge of Baby Boomers (born in 1946) will turn 70 in 2016. Tarrant County will continue to see an increase of health conditions commonly associated with older citizens, including adult abuse cases and Alzheimer's disease. Mental health conditions continue to challenge Tarrant County; the county suicide rate as of 2015 was 10.6 deaths per 100,000.

Access to Coverage

The Affordable Care Act and the addition of Community Health Centers in Tarrant County have improved insurance coverage and access to care, especially for individuals without insurance. The rate of uninsured Hispanic children dropped from 29% in 2009 to 15% in 2014. For the general population, 24% of residents lack health insurance and 1 in 10 children live in a household without health insurance.

Sources: Star Telegram: Tarrant County continues to battle high infant mortality rate. Texas Department of State Health Services: Texas Health Data. 2015 United Way Tarrant County Community Assessment. 2013 Tarrant County Community Health Assessment.

PowerPoint Slides



Sources: CPPP State of Texas Fort Worth Snapshot, Race & Equity.

Trend: JPS Psychiatric Emergency Center Visits/Inpatient Admissions, Tarrant County, 2015 compared to 2011

	2015	2011	% Change
Psychiatric Emergency Center (PEC) visits	20,007	21,248	(5.8%)
Psychiatric Observation Days	3,491	N/A	
Adult inpatient admissions	2,890	3,324	(13.1%)
Adolescent inpatient admissions	529	810	(34.7%)
Crisis Stabilization Unit (CSU)	N/A	780	
Local Commitment Alternative (LCA)	318	N/A	
Outpatient Behavioral Health Visits	24,989	20,855	19.6%
Psychiatric Partial Hospitalization Days	1,512	N/A	

Source: JPS Health Network, by request, November 2015